

Pear Tree Mead Academy

Educating children 2 – 11

Pear Tree Mead, Harlow, CM18 7BY

☎ 01279 836181 Fax 01279 423504

headteacher@peartreemead.essex.sch.uk



Head Teacher Mrs C. Peden BA(Ed) (Hons)

Deputy Headteacher

Assistant Head Mrs Rebecca Arnould BA (Hons) PGCE

Chair of Governors Mrs W Beckett

Mrs L Davies BA (ChEd)

SEND Co & Head of Early Years Mrs S Martin LLB (Hons) (PGCE)

Some COVID 19 Guidance for Parents.

Self-isolating Guidance:

If you are a parent/carer and have been asked to self-isolate as part of a bubble at work or because you have come into close contact with someone who has tested positive for coronavirus –you must follow the national self-isolation guidance and stay at home for 14days. <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/>

- This applies even if you have no symptoms and/or you have received a negative test result as it can take 14 days for transmission.

- Self-isolation rules do not apply to the rest of your household; they can still attend work or school and complete day to day tasks in line with Government guidance.

- If you would normally travel with your child(ren) to nursery, school or college, alternative arrangements should be made.

- If you cannot make alternative travel arrangements for your child/ren, then they too must stay at home. This will be unauthorised attendance.

- If you develop symptoms while self-isolating, your entire household must begin self-isolating immediately. This is when you should get a test.

- If your child is told they should self-isolate due being in contact with someone who has tested positive they should do so. (They do not need to be tested) Parents and siblings do not need to isolate unless told to do so. Other family members can attend work and school unless anyone develops symptoms. If this happens then the whole family should isolate, and a test should be given.

Children with Symptoms.

Please do not send child/ren to school if they have any symptoms of coronavirus. If you're not sure, consult the online NHS symptom checker at: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Only book a test if you or your child/ren develop symptoms, book at <https://www.nhs.uk/conditions/coronavirus-covid-19> or call 119 if you do not have internet access.

We will need to see evidence of negative test results before children can return to school.

If your family (that you live with) receive a positive test you must let us know. If this happens over the school holidays or the weekend please email kate.townsend@peartreemead.essex.sch.uk with



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your results. We need to know this information and when the test was taken and when the symptoms started.

If anyone in your family is showing symptoms your whole family should isolate until a negative test result comes back. This means none of you must leave your home, attend work, or school or meet with other people.

Travel Advice and Quarantine Rules

The list of countries with exemption is continuously changing. You can check the latest travel exemption list at: <https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors#travel-corridors-countries-and-territories-exemption-list> Anyone who travels to a location outside of the approved travel corridor will need to self-isolate at home for 14 days on their arrival back into the UK: <https://www.gov.uk/government/publications/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk/coronavirus-covid-19-how-to-self-isolate-when-you-travel-to-the-uk> They may also have to self-isolate when they arrive at their destination, so it is important everyone checks the latest travel advice.

Mrs Peden
Head Teacher

